

REGIONAL CHAMPIONS by EVENT

Pole Vault:

1990	Derek Means	14'3"
1993	Ron Garmon	13'6"
1999	John Crumpacker	14'3"
2002	Ray Scotten	16'0"
2003	Jared Jackson	14'3"
2006	Alandous Briggs	14'6"



High Jump:

2005	John Tate	6'8.5"
2006	John Tate	6'6"

Long Jump:

1989	Robert Leeks	23'5.75"
1996	Davyd Cash	21'5.25"
2005	Daryl Pervine	22'8.25"
2006	Keenan Hall	24'4.75"
2008	Rapheal Williams	23'2.5"

Shot Put:

2001	Garland Porter	60"0"
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Discus:

100m:

1994	Devon Doss	10.91
1999	Jeremy Chandler	11.08
2008	Matt Terrell	10.65
2009	Matt Terrell	10.58
2010	Jerry Wilson	11.04

200m:

2003	Bruce Williams	21.81
2006	Rapheal Williams	22.34
2008	Matt Terrell	21.46
2009	Matt Terrell	21.83

400m:

800m:

2001	Aaron Crawford	1:55.42
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1600m:

1985	Scott Williams	4:16.19
1991	Jon Deal	4:20.1
1997	Fasil Bizuneh	4:22.25
1998	Fasil Bizuneh	4:21.57
2002	Matt Kinley	4:26.12



3200m:

1973	Dave Stratton	9:24.5 (2 mile)
1985	Scott Williams	9:19.49
1990	Bryan Huston	9:12.32
1991	Fried Rademacher	9:33.5
1992	Fried Rademacher	9:31.16
1996	Fasil Bizuneh	9:31.65
1997	Fasil Bizuneh	9:35.85
1998	Fasil Bizuneh	9:28.97
2000	Mike Skiles	9:30.55



110HH:

2009	Robert Rose	14.39
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300IM:

2001	Kevin Kempf	38.57
2006	Keenan Hall	38.31
2008	Brandon Newbern	38.21
2009	Robert Rose	38.79
2010	D'Quan Ruth	39.14

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4x100m:

1991	Tyree Abney, Steve Holman Orlando Ward, Butchie Harris	42.8
1999	Marcus lee, Erick Armstrong Jeremy Chandler, Jesse Avant	42.22
2000	Marcus Lee, Erick Armstrong Jeremy Chandler, RJ Corbin	42.05
2003	Michael Richardson, Todd Barnard Bo Thompson, Bruce Williams	41.79
2007	CJ Stewart, Matt Terrell Raphael Williams, Lavarus Williams	41.82
2008	Colin Hester, Matt Terrell, Raphael Williams, Lavarus Williams <i>meet record</i>	41.49



2009	Colin Hester, Anthony Kimmons Jeroboam Wilson, Matt Terrell	41.89
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4x400m:

2002	Darius Robinson, James Banks Marcus Cooksey, Kevin Kempf	3:18.69
2007	Brian Martin, Robert Rose Raphael Williams, Lavarus Williams	3:22.21
2008	Brian Martin, Nick Sefton Brandon Newbern, Robert Rose	3:18.48
2009	D'Quan Ruth, Casey Rice Trey Sutton, Robert Rose	3:22.60

4x800m:

1997	Johnny Smith, Derek Eaton Brian Garden, Brad Bernhardt	8:04.77
2008	Trey Sutton, Nick Sefton Brian Martin, Derrick Orea	8:00.72
2010	Brian Allen, Luke Brahm TraiShaun Johnson, Amanuel Medhane	7:51.27