

## **CONFERENCE CHAMPS by EVENT**

**Pole Vault** 1998-John Crumpacker 13'6", 2002-Ray Scotten 14'0"  
2003-Jared Jackson 13'6", 2006-Terrell Grizzle 14'0"  
2007-Kyle Keller 14'0", 2010-Wes Schenck 14'3"



**Long Jump** 2006-Keenan Hall 24'0.5", 2009-Colin Hester 22'3"

**High Jump** 2006-Colin Hester 6'6", Alex Rowe 6'4"

**Shot Put** 2000-Garland Porter 53'9", 2009-Michael Malone 56'2.5"

**Discus** 1997-Brian Polston 152'3"

**100m** 1998-Jesse Avant 11.02, 1999-Jesse Avant 11.09  
2008-Lavarus Williams 10.63, 2009-Matt Terrell 10.78  
2010-Jeroboam Wilson 10.71

**200m** 2003-Bruce Williams 21.91, 2008-Lavarus Williams 22.10  
2009-Matt Terrell 21.91

**400m** 2002-Marcus Cooksey 50.45, 2008- Rapheal Williams 50.34  
2010-Robert Rose 50.33

**800m**

**1600m** 1997-Fasil Bizuneh 4:24.49

**3200m** 1997-Fasil Bizuneh 9:38.48, 1998-Fasil Bizuneh 9:28.94  
1999-Mike Skiles 9:36.59, 2000-Mike Skiles 9:27.83

**110HH**

**300IM** 2000-Lathon Harney 39.59, 2001-Kevin Kempf 39.49  
2002-Kevin Kempf 38.46, 2008- Brandon Newbern 38.88  
2009-Duane Brown 38.63

**4x100** 1999-Marcus Lee, Erick Armstrong, Jeremy Chandler, Jesse Avant 42.26  
2000-Marcus Lee, Erick Armstrong, Jeremy Chandler, RJ Corbin 42.43  
2003-Michael Richardson, Todd Barnard, Bruce Williams, Bo Thompson 42.16  
2008-Colin Hester, Matt Terrell, Rapheal Williams, Lavarus Williams 41.48  
2009- Duane Brown, Colin Hester, Jerry Wilson, Matt Terrell 42.35  
2010-Justin Garrett, Keith Suggs, Jerry Wilson, D'Quan Ruth 42.04

**4x400** 1999- Marcus Cooksey, Damon Ware, Jeremy Chandler, Charles Edwards 3:23.11  
2000-Marcus Cooksey, Erick Armstrong, Jeremy Chandler, Lathon Harney 3:21.85  
2001-James Banks, Marcus Cooksey, Kevin Kempf, Aaron Crawford 3:20.91  
2002-James Banks, Marcus Cooksey, Kevin Kempf, Darius Robinson 3:24.18  
2003-Michael Richardson, Richard El, Bo Thompson, Bruce Williams 3:21.82  
2008- Brian Martin, Robert Rose, Brandon Newbern, Lavarus Williams 3:20.23  
2009-D'Quan Ruth, Casey Rice, Duane Brown, Robert Rose 3:23.43

**4x800** 2008 -Brian Martin, Trey Sutton, Nick Sefton, Derrick Orea 8:12.93  
2010-Brian Allen, Dominique Brooks, TraiShaun Johnson, Amanuel Medhane 8:01.19